Hawaii Marine

Marines honor ANZAC Day with Australians

Sgt. Sarah Fiocco

Marine Rotation Force Darwin

DARWIN, NORTHERN TERRITORY, Australia — It was April 25, 1915, when the first 140 soldiers in four boats set out to capture Gallipoli Peninsula, not knowing that only 38 of them would make it to shore alive.

This day marked the first campaign of the Australian and New Zealand Army Corps that led to major casualties during World War I.

More than 80 years later, April 25, known as ANZAC Day, commemorates Australians and New Zealanders who served and died in all wars and peacekeeping operations.

Marines with Marine Rotational Force – Darwin observed a Dawn Service, the opening ceremony of ANZAC Day, aboard Robertson Barracks and marched beside their Australian counterparts in parades throughout Palmerston and downtown Darwin in their allies' memory.

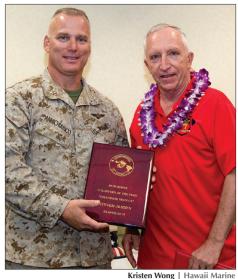
"ANZAC Day is about camaraderie with your mates," said Ken Young, a Vietnam veteran, who marched in the Darwin parade alongside other veterans. "It's about getting together, and not glorifying war, but remembering what you did, your mates and the people you met."

During the parades, Marines joined every Australian branch of service in formation and proudly marched as crowds of locals gave a round of applause in their honor.

"We had a really warm welcome, and they all seem to enjoy the fact that we're down here with the Australian Army," said Cpl. Anthony Taylor, squad leader, First Platoon, 3rd Battalion, 3rd Marine Regiment, MRF-D, and a Philadelphia native. "The entire crowd was going nuts when we were walking

Members of the Australian Army also expressed enthusiasm about celebrating ANZAC Day with their American counterparts.

"It was good to speak to (the Marines) and share our different experiences," said Australian Army Pvt. Scott Prestage, 5th Battalion, Royal Australian Regiment. "It was good to recognize our partnership between the two countries and our alliance. It really shows that our relationship is building."



Col. Brian Annichiarico, commanding officer, Marine Corps Base Hawaii, pauses for a photo opportunity with Chaplain Steve Jensen, during the Volunteer Recognition Ceremony held in the Fairways Ballroom at Kaneohe Klipper Golf Course, April 25. Jensen contributed more than 1,400 hours of volunteer service last year with Wounded Warrior Battalion West — Detachment Hawaii.

Base volunteers recognized at annual recognition ceremony

Kristen Wong

Marine Corps Base Hawaii

Marines, sailors and civilians attended the annual Volunteer Recognition Ceremony in the Fairways Ballroom at Kaneohe Klipper Golf Course, April 25.

Coinciding with National Volunteer Week 2013, which was designated from April 21 to 27, the ceremony honored base volunteers who collectively contributed more than 120,000 hours of volunteer service last year. The estimated cost to pay hired labor for the amount of work these volunteers put in was nearly \$3 million.

"What is the most selfless thing you can do? You say 'hey, I want to help you out and I don't want anything for it," said Col. Brian Annichiarico, commanding officer, Marine Corps Base Hawaii. "We're here to celebrate that."

Annichiarico, the guest speaker for the ceremony, contrasted the fighting power of the U.S. Navy and Marine Corps with that of the ancient Spartans. Unlike the Spartans, who risked their families' safety depending on the free labor of enslaved conquered enemies while they were away at battle, the U.S. Navy and Marine Corps train while willing volunteers keep the base

See VOLUNTEER, A-8



Marines with Third platoon, Lima Company, 3rd Battalion, 3rd Marine Regiment, Marine Rotational Force - Darwin, march in an ANZAC Day parade, April 25. ANZAC Day commemorates Australian and New Zealand military personnel who served in all wars, conflicts and peacekeeping operations.

'Island Warriors' conduct mock raid with special forces

Lance Cpl. Suzanna Lapi

Marine Corps Base Hawaii

MOUNTAIN WARFARE TRAINING CENTER, BRIDGEPORT, Calif. -

Under the cover of darkness, Marines with Mountain Warfare Training Center and Golf Company, 2nd Battalion, 3rd Marine Regiment conducted a lowprofile raid on a high-value target in a joint operation with special operations forces at MWTC in Bridgeport, Calif., April 17. A half-lit moon blanketed the

Marines and SOF as they set in an ambush along the side of a dirt road. Once their mock target arrived at their roadblock and the situation escalated, they engaged the enemy and his driver with blank rounds, apprehended him and secured their mission.

Capt. Casey Ward, the Golf Company commander and a native of Crofton, Md., said the purpose of the training was to integrate special forces into a conventional forces atmosphere within a mountainous terrain.

"We enhance our combat power by integrating more agile forces in the special forces community into our scheme of maneuver," Ward said. "Doing an integration like this is one of the big pillars for all future operations, as we go into a more joint force, a more combined environment."

Ward said the training allows Marines to operate with other elite services in order to incorporate skills and tactics in future operations.



Lance Cpl. Suzanna Lapi | Hawaii Marine

A Marine with Mountain Warfare Training Center and 2nd Battalion, 3rd Marine Regiment, Golf Company, conducted a low-profile raid on a high value target in a joint operation with Special Forces at MWTC in Bridgeport, Calif., April 17.

"The raid was an opportunity that doesn't come often and we are glad we had this chance," Ward said.

Lance Cpl. Joshua Blakemore, an intelligence specialist for Golf Company and native of Columbus, Ohio, said providing an overview of what is occurring helps him understand how things work in a tactical situation like a raid.

"This training allows me to develop a picture for my company in order for us to conduct our mission," Blakemore said. "The overall training here has been awesome because it helped me to get a good idea of what is needed to survive in the mountains. Skiing was hard, but I think if we ever go to war in a mountainous terrain, we will be ready to fight the enemy because of this training."

Retired United States Navy SEAL, Capt. David Pittelkow, the MWTC SOF liaison officer, said this training benefits Marines in their futures, wherever they may find themselves.

"When Marines deploy, they end up running into SEALs, Rangers and special forces guys on the battlefield," Pittelkow a Addy, Wash., native said. "We fight the enemy together. The intent of the special operations command and the Marine Corps is to get some special operations and Marine Corps integration here with their training, so the first time they meet isn't on deployment."

Pittelkow said his years of experience as a SEAL offer the chance to conduct planning and give advice to Marine Corps units. He was also a Marine with 2nd Bn., 3rd Marines 30 years ago. "I can replicate what they might

see," Pittelkow said. "They can get the procedures, tactics, techniques and mindset of special operations personnel which is useful in their futures."

Lance Cpl. Stephen Weiss, police sergeant for Golf Company and a native of Loogootee, Ind., said the raid training made him more aware of his billet.

"I was more aware of the moving parts of everything besides just my company," Weiss said. "I was looking

See SPECIAL, A-8



Kings of Battle rule at home plate 1st Battalion, 12th Marines come back to win, B-1



Tuning in for Hawaiian culture MCB Hawaii "In the Park" brings Hawaiian music to life, **C-1**







Join the MCBH Shooting Team

See if you can make the mark for a spot on this team. Tryout sessions are Saturday and May 10, from 8 a.m. to noon at the Puuloa Range Training Facility. All active duty Marines are eligible and should wear desert utilities during the tryout.

Hear Toby Keith during free concert

Award-winning country singer Toby Keith will play a free USO concert for Hawaii-based service members and their families at Dewey Square, Sunday at 5 p.m. The concert is open to all who have base access. In the case of inclement weather, the concert will be moved to Hangar 101.

Volunteer opportunity at Honolulu Zoo

The Navy League is seeking volunteers for Military Appreciation Day at the Honolulu Zoo. The event will take place Sunday, May 19, from 9 a.m. to 2 p.m.

Volunteers should arrive by 7:30 a.m. and will leave after the event ends. Volunteers will work in various areas such as food service and running games. Volunteers should wear shorts and closed-toe sneakers. The minimum age for volunteers is 16. An event T-shirt will be provided upon arrival. Those interested in volunteering should get in touch with Johanna Marizan-Ho at 257-8876 or johanna.marizanho@usmc.mil.

Martial arts instructor course

SOI West Detachment Hawaii will conduct a martial arts instructor course Monday through May 24. Marines attending the course will receive training and knowledge in personal development in the synergies of the Marine Corps Martial Arts Program.

Marines will also receive instruction on how to conduct certification of Marines from tan through black belt user levels, supervising the sustainment and integration of martial arts training, and supervise all other MCMAP-related training according to MCO

Prerequisites include: Completed NAVMC 11749. Also, Chain of Command S-3's submit qualified Marines into Marine Corps Training Information Management Systems prior to attending.

- a. Corporal or above
- b. Gray belt or higher
- c. Recommended by reporting senior and COC
- d. Current first class PFT
- e. Current first class CFT
- f. Medically cleared and on full duty status.

Call Staff Sgt. Juan Avalos at 257-1337 with questions.

Base chapel seeks singers, musicians and praise leaders

The Chaplain Joseph W. Estabrook Chapel's 8 a.m. Sunday Protestant Worship Services' praise team members will be leaving in the next six to eight weeks. If you are able to sing in or lead a worship praise team (Contemporary and/or Traditional songs) and are available Sundays at 8 to 9 a.m., call Chaplain Bob Crabb at 257-2734. Musicians also needed and welcome.

Marine Thrift Shop Kaneohe Bay hiring

Marine Thrift Shop Kaneohe Bay has positions open for a manager, a cashier and a lead cashier. Those interested in working at the thrift shop can call 636-9074 or marinethriftshopkbay@gmail.com for more information.

Important phone numbers

| On-base emergencies | 911 |
|---------------------------|----------|
| Child Protective Service | 832-5300 |
| Fraud, Waste, Abuse & EEO | 257-8852 |
| Base information | 449-7110 |
| MCB Hawaii Chaplain | 257-3552 |
| DEERS | 257-2077 |
| | |

www.mcbhawaii.marines.mil

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Hawaii Marine is a free publication available at stands on Marine Corps Base Hawaii and neighboring businesses. If you are interested in obtaining copies by mail, please contact MidWeek Printing, Inc. at 529-4700.

Submit items for Hawaii Marine to the managing editor no later than noon on the Friday prior to publication, using the following addres

> Hawaii Marine, Box 63062, Building 216, MCB Hawaii, Kaneohe Bay, Hawaii 96863 Email: HawaiiMarineEditor@gmail.com Fax: 257-2511, Phone: 257-8837

NEWS BRIEFS AWARDS PRESENTED AT **COLORS CEREMONY**



(From left to right): Sgt. Scott St. Cere, contingency contracting specialist, Service Company, Headquarters Battalion, the Noncommissioned Officer of the Quarter; Petty Officer 2nd Class Matthew Olicia, aviation refueler, Base Fuels, Junior Sailor of the Quarter; Petty Officer 3rd Class William Fisher, Headquarters Bn., Blue Jacket of the Quarter; and Lance Cpl. Alejandro Acosta, refueler operator, Base Fuels, Service Co., Headquarters Bn., the Marine of the Quarter; stand at attention after receiving certificates of commendation from Sgt. Maj. Robert Eriksson, base sergeant major, and Col. Brian Annichiarico, base commanding officer, Marine Corps Base Hawaii, during a colors ceremony, April 26.

SOLDIERS TRAIN ON MCB HAWAII



Lance Cpl. Nathan Knapke | Hawaii Marine

Soldiers with Bravo Company, 2nd Battalion, 35th Infantry Regiment from Schofield Barracks, trained with the Kaneohe Battle SIM Center on Marine Corps Base Hawaii, April 26. Soldiers used the system to become familiar with the terrain and mission they would meet in the field. Capt. Chris Gilbert, Bravo Co., 2nd Bn., 35th Infantry Regiment commander, said the training was profoundly beneficial and helped refine timing, and communication between everyone.

LNERGY CORNER

What is WaterSense?

Launched in 2006, WaterSense is an EPAsponsored partnership program seeking to protect the future of our nation's water supply by promoting water efficiency and enhancing the market for sterSe,

water-efficient products, programs, and practices.

WaterSense consumers identify water-efficient products and programs. Generally, products bearing the WaterSense label will perform as well or better than their less efficient counterparts, and will provide measurable water saving results. In addition, it will be about 20 percent

more water-efficient than average products in that category. It will be also independently tested and certified. WaterSense partners with manufacturers, retailers and distributors, and utilities

to bring WaterSense labeled products to the

marketplace and make it easy to purchase

high-performing, water-efficient products.

professionals and irrigation certification programs to promote water-efficient landscape irrigation practices. WaterSense-labeled toilets, urinals, bathroom sink faucets and accessories, and even new homes are now avail-

WaterSense also partners with irrigation

able. WaterSense is currently developing specifications for showerheads, prerinse spray valves and based

weather- or sensorirrigation controls. For more information, visit http://www.epa. gov/watersense/.



AROUNDECORPS

Medical officer awarded bronze star

Pfc. Sullivan Laramie

2nd Marine Logistics Group

CAMP LEJEUNE, N.C. — Navy Lt. Wilfredo L. Lucas, the operations officer for 2nd Medical Battalion, 2nd Marine Logistics Group, marched out in front of his battalion and stood at attention.

"Person to be decorated, front and center!" Navy Lt. Wilfredo L. Lucas, the operations officer for 2nd Medical Battalion, 2nd Marine Logistics Group, marched out in front of his battalion and stood at at-

Brig. Gen. Edward D. Banta, the commanding general of 2nd MLG, stepped in front of Lucas moments later, congratulated him and pinned a Bronze Star Medal to his chest during an award ceremony, April "It was a humbling experience," said Lucas, a Bow-

doing things for an award. You just go thinking that you're out there for a mission." From December 2011 to December 2012, Lucas served as the senior medical adviser for 2nd Brigade, 215th Corps of the Afghan National Army. His mis-

ie, Md., native. "You never go out thinking you're

sion was to decrease the dependence the ANA's medical system had on United States and coalition forces in Delaram District, Afghanistan. "We started out from scratch with the ANA's healthcare delivery system," said Lucas. "There was no guid-

ance. When I reported to the 2nd Brigade, they had doctors but lacked the knowledge and training to deal with the casualties." The ANA doctors sent almost 90 percent of their

patients to Forward Operating Base Delaram's shock trauma platoon and regimental aid station. Seventy percent of their patients were local nationals.

"They lacked confidence in treating patients," Lucas said. "We're talking (about) the regular sick call pa-



Navy Lt. Wilfredo L. Lucas (right), the operations officer of 2nd Medical Battalion, Combat Logistics Regiment 25, 2nd Marine Logistics Group, shakes hands with Brig. Gen. Edward D. Banta, the commanding general of 2nd MLG, during a Bronze Star ceremony aboard Camp Lejeune, N.C., April 24.

tients to the emergency patients. We basically forced them (to see patients), because eventually the STP did leave and it was my goal to have them totally independent within six months."

Under the guidance of Lucas and his staff, 100 percent of the patients received by the ANA doctors were seen and treated by Afghan physicians. Their hard work and persistence gave the ANA more independence from outside assistance and empowered the Afghans to take more control during the drawdown of U.S. forces in Afghanistan.

Lucas earned the Bronze Star for his actions during the deployment, which resulted in the treatment of approximately 1,800 patients, and included more than 260 lifesaving procedures.

"I don't see this affecting me at all, because it's just the way I've been through my whole career," said Lucas. "You just do your best and try your best because it's what is expected of you. It's just about knowing that you're giving 100 percent."

Crisis response mission renders humanitarian aid

Lance Cpl. Casey Scarpulla

Marine Corps Air Station Yuma

MARINE CORPS AIR STATION **YUMA, Arizona** — Dozens of local residents gathered around Kiwanis Park in Yuma, Ariz. to watch helicopters land as a part of the Humanitarian Assistance/ Disaster Recovery training exercise April 19 conducted by Weapons and Tactics Instructor Course students, Combat Arms Marines and Combat Service Support personnel training with Marine Aviation Weapons and Tactics Squadron One.

The exercise was conducted to test and improve the Corps' capability to quickly assess, plan and execute support to individuals impacted by conflict or natural disasters.

For this specific exercise, students were placed in a simulated scenario which required them to develop a plan to deliver medical personnel, supplies and vital natural resources to sustain people displaced from their communities. Fixed and rotary wing aircraft were used to support this mission, including CH-53s, UH-1Ns, C-130s and AV-8Bs. The HA/DR was conducted between Marine Corps Air Station Yuma and Kiwanis Park, providing a realistic training environment in a civilian setting to help students become comfortable with executing missions in real-life situations.

There are three main phases of an HA/ DR. Phase one is to swiftly insert security



Marines and sailors provide medical aid and disaster assistance at Kiwanis Park in Yuma, Ariz. during a Humanitarian Assistance/Disaster Recovery Exercise conducted by Marine Aviation Weapons and Tactics Squadron One Weapons and Tactics Instructor Course, April 19.

forces and drop off medical personnel via helicopter to the site in question. The second phase is to provide aid and shelter to dislocated civilians if necessary and the third phase is to evacuate injured civilians to a safe location.

In this specific exercise, the security force Marines provided external security, initial screening, and removed any weapons and contraband items from evacuees. They also established an evacuation control center and ran civilian role players through the process of registering, moving them to the appropriate location, searching and screening, and evacuating

"(The exercise) shows that Marines aren't just about combat, they do humanitarian efforts also," says Cpt. David Beere, a South Orange, N.J., native and Marine Aviation and Weapons Tactics Squadron One Infantry Instructor for the Ground Combat Department. "The Marine Corps is America's force of readiness, and we are called to handle all sorts of missions - whether it's disaster relief in a place like Haiti, or a full on combat operation in a place like Afghanistan."

Prior to 2013, MAWTS-1 WTI students' only practiced non-combatant evacuation operation training to test and improve WTI students' capability to evacuate personnel in a hostile country in coordination with the State Department. Students respond to an embassy in a foreign country that is in danger and has requested military evacuation support. For the March through April 2013 course, MAWTS-1 has now incorporated a second military operation other than war training scenario to prepare students for non-combat related crisis response

In order to facilitate both training exercises and provide aviators a more realistic distance to travel simulating ship to shore, the NEO was conducted between MCAS Yuma and Marine Corps Air Ground Combat Training Center, Twen-

tynine Palms, Calif. "Any time Marines get the chance to practice maneuvers hands-on and walk through step by step is much more effective than sitting in a classroom," said Beere. "Conducting this exercise in the middle of a city is beneficial to Marines because it gives them a sense of realism; they see the houses of the local people. But more importantly it's an opportunity for America to see their Marines in action, and know that the Marines are training hard."

Combat Engineers bridge gap for security forces assistance

Sgt. Ned Johnson 7th Marine Regiment

CAMP LEATHERNECK, Afghanistan — A bulldozer flattens piles of dirt and rock that formerly protected the perimeter of a patrol base, while Marines relocate 40-pound sandbags.

Miles down the road, a Marine uses a metal detector to locate improvised explosive devices and mark a safe lane for vehicles and ground troops. Still farther down the road, a squad transports materials for a new bridge across the Helmand River.

The Marines of 2nd Combat Engineer Battalion, Regimental Combat Team 7, provided this and other engineer support to multiple battalions and numerous Security Forces Assistance Advisor Teams during a sevenmonth deployment here.

Spread across Helmand province and often sleeping under the stars without shelter, the Marines provided electrical capabilities, route clearance and IED training to units operating under Regional Command (Southwest). They also provided multi-faceted operational support. The most noted of these operations was "Operation Dynamic Partner," which required engineer support for route clearance, breaching known IED fields and the retrograde of equipment, said Lt. Col. John Osborne, the 2nd CEB commanding officer.

The operation involved multiple Marine units facilitating the retrograde of military personnel and equip-

ment from Village Stability Platform Shurakay. Osborne said the operations allowed the Marines to



Lance Cpl. Dustin Palmer, right, a heavy equipment operator with 2nd Combat Engineer Battalion, Regimental Combat Team 7, provides feedback to an Afghan National Army heavy equipment operator during a clearing operation near Camp Shorabak, Helmand province, Afghanistan, March 16.

return to their expeditionary roots by providing support miles away from forward operating bases.

Another operation, named "Operation Golden Gate," allowed the engineers to work alongside Navy and Army engineers to construct a new bridge over the Helmand

River in Sangin District. The Marines have also helped close bases across Helmand province. For the engineers, this meant tear-

ing down buildings and security barriers or restructuring

bases to transfer them to Afghan National Security Forces, a difficult and time-consuming process, said Lt. Col. Brian Neil, the executive officer of Regimental Combat Team 7.

"The battalion was widely successful in all that we asked them to do," Neil said. "Across a range of activities, they successfully completed the mission."

Second CEB was deployed to Helmand province from late 2009 to early 2010 and again during 2011, and the Marines have seen a difference.

"It's less kinetic than in years past," said Osborne, who was born in Quantico, Va. "We're still doing (IED) sweeps, but not nearly as much."

Coalition forces in Afghanistan are now focused on assisting and advising Afghan forces, and the CEB Marines have helped that mission as well.

"Our mission wasn't to work side-by-side with the Afghans, but we were able to provide engineer support to the Marines who advise them."

The engineers also helped the ANSF develop an engineer company to combat the threat of IEDs without the help of the Marines, Osborne said. As the mission in Afghanistan has changed, the Marines of 2nd CEB have had to adapt to operating with less personnel and

vehicles. Despite the challenges, the engineer Marines

completed all that was asked of them. "The Marines have done excellent and have made all this possible," said Osborne. "We can think up all the plans we want, but it takes the Marines to execute them. Their ability to adapt and accomplish the mission has been amazing."

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HMLA-367 play different simulation during Jane Wayne Day aboard MCB Hawaii, April 26. Multiple humvee rooms at the same time, allowing everyone to interact with each other during the simulations.

Spouses of Marines with



Lisa Arsndorf climbs to a height of 15 feet on a rope as the last of 11 obstacles as a Marine motivates her, April 26. The obstacle course was one of the events Marine spouses from HMLA-367 participated in during Jane Wayne Day on MCB Hawaii.

HMLA-367 holds first Jane Wayne Day for Marine Wives

Story and photos by Lance Cpl. Matthew Bragg

Demonstrating their fire and maneuver skills while displaying their military pride, Marine Light Attack Helicopter Squadron 367 wives stepped into their husbands' boots and took on some of the same training Marines complete. Thirty wives received a little taste of what it is like to be a United State Marine after participating in HMLA-367's first Jane Wayne Day, April 26. Jane Wayne Day is dedicated to military spouses to offer them the

opportunity to become a service member for a day. It allows them to participate in Marine-style challenges, but in a fun way. "It helps them understand a little more what it means to be a Marine," said Capt. Joshua Gordon, the human affairs officer at HMLA-367. "They get to see

and do some of the things Marines do." Starting their day in Hangar 101, the newly dubbed "Janes" boarded the bus and traveled to the humvee simulation course. Inside, they separated into different rooms with a humvee surrounded by projectors that portrayed a desert environment with villages, roads and enemy combatants. The different humvees synced up with each other across every room, allowing one group of Janes to see what another group of Janes were doing in a virtual reality.

After driving humvees around a virtual desert, they went to the obstacle course at Landing Zone Boondocker to get a glimpse at how physically fit Marines are by doing the course themselves. Before beginning the obstacle course, they were given a demonstration on how to complete each obstacle, spurring statements of doubt as they watched.

Inching their way over the obstacle bars and jumping over multiple wooden hurdles, the wives made their way toward the end of the course. They completed 10 obstacles with a final stop at the rope, where they climbed 15 feet. Tired, sweaty and sore, the spouses cheered each other on and handed out water to their fellow Janes after completing the course.

"I wanted to get a sneak peek into what Marines do," said Sarena Yoder, the spouse of an HMLA-367 Marine. "The obstacle course was a lot harder than

Priscilla Tuck, the spouse of an HMLA-367 Marine, said: "I really loved the obstacle course. I read about it in the Marines Times, and I've wanted to do

After completion of the obstacle course, the women assembled near a Marine Corps Martial Arts Program training pit where they were given instructions executing proper MCMAP techniques. Before practicing the techniques, they watched as the instructors demonstrated MCMAP techniques used in hand-

"Scarface is a close family," Gordon said. "These events help the Marines and their spouses become stronger together."

Heading into the last part of their day in their spouses' boots, the Janes traveled to the base range where they learned how to shoot an M240B medium machine gun. While sending bullets down range, they experienced the recoil and power brought on by the weapon.

By the end of Jane Wayne Day, the 30 military spouses got a taste of driving humvees, navigating through obstacles, fighting in hand-to-hand combat and firing machine guns. Each of them left their homes as ordinary women



Sarena Yoder, spouse of an HMLA-367 Marine, exits a humvee quickly to change roles during a simulated combat environment during Jane Wayne Day on MCB Hawaii, April 26. Multiple rooms contained humvee simulators that were connected to let all participants interact with each other during the simulations.

Marine spouses listen to instructions from Marine Corps Martial Arts Program instructors on how to properly navigate through the obstacle course during Jane Wayne Day on MCB Hawaii, April 26.

A-6 • May 3, 2013 Hawaii Marine

Improvisational acting techniques teach Marines 'Sex Signals'

Lance Cpl. Nathan Knapke

Marine Corps Base Hawaii

Imagine a party off base at a friend's house. A buddy takes a strong notice to a new female sitting across the room by herself. He walks over to her and sits down. He continues to encourage her to consume alcohol, put her hand on his lap and verbally harass her. Pause.

Courtney Abbott and Chris Sanders, improvisational actors with Catharsis Productions, played out this scenario for Marines and sailors during "Sex Signals" at the Marine Corps Base Hawaii theater, April 25.

"Sex Signals" is an improv-based play with male and female actors who act out different scenes and interacted with the audience. The crowd got involved by providing settings, pick-up lines and asking and answering questions about when a person in a scene might be "going too far."

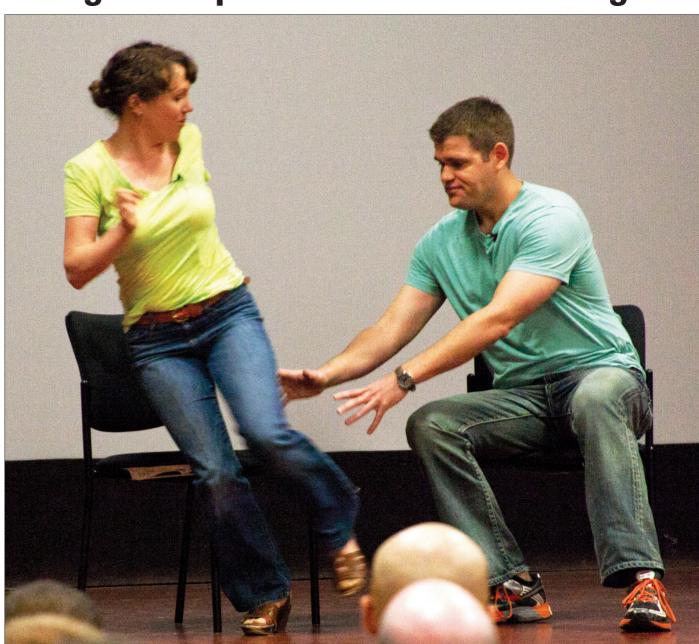
"It was great to get involved with the actors," said Lance Cpl. Timothy Hobbs, a postal clerk with Headquarters Battalion and native of Franklin, Va. "The scenarios depicted by the actors were very realistic. We discussed what we could do to prevent sexually assault."

A discussed solution to prevent sexual assault during "Sex Signals" was to verbally ask for the partner's consent. Marines and sailors were strongly encouraged to simply ask the other person for their consent.

Alcohol use increases the chance for someone to sexually assault another person or have himself or herself be assaulted. When consuming alcohol, people no longer have the ability to give their consent to someone else. Sexual boundaries are ignored and the victim's ability to guard against an attack is diminished.

Abbott and Sanders asked the audience how they prevent their friends from drinking and driving. The audience exclaimed to the actors they would take their buddy's keys.

Abbott and Sanders continued to ask how the audience protects their friends from sexual assault. The audience sat in their seats and had to



The second secon

Courtney Abbott and Chris Sanders, improvisational actors with Catharsis Productions, played out a scenario for Marines and sailors during "Sex Signals" at the Marine Corps Base Hawaii movie theater, April 25.

think about it for a second.

"Why don't people take alcohol related sexual assault as seriously as drinking and driving," Sanders said. "Everyone needs to realize that the affects of sexual assault has a huge impact on the victim and perpetrator."

Situations like this were continu-

ally brought to the attention of every Marine and sailor in attendance.

"Having civilians inform the Marines made it easier for them to talk about something that isn't easy to talk about," said Staff Sgt. Carlo Villanueva, a uniform victim advocate for Marine Heavy Helicopter Squadron 463 and a native of Chicago, Ill.

"The class gave Marines a different perspective to an important issue. Marines responded very well to the presentation and took valuable information away from the class."

"The main point I took from 'Sex Signals' is to simply ask for their consent," Hobbs said. "If she's drinking, just don't even think about it."

ARMED WITH SAFETY, KNOWLEDGE



Johanna Marizan-Ho | Hawaii Marine

HONOLULU — Staff Sgt. Fernando H. Faria of 1st Battalion, 12th Marine Regiment, discusses the mechanics of an MK-19 40 mm machine gun with members of various Hawaii-based Boy Scouts during their recent Makahiki event at Ala Moana Beach Park, Saturday.

Single Marine and Sailor Program volunteers attend orientation at Manawalea Riding Center

WAIMANALO, Hawaii — Volunteers from the Single Marine and Sailor Program at Marine Corps Base Hawaii become acquainted with the horses and staff at Manawalea Riding Center, April 24. For the first time, SMSP brought volunteers to the nonprofit organization that helps children with special needs learn how to ride and take care of horses. More than 30 Marines and sailors from MCB Hawaii signed up for the initial orientation, where they received a brief lesson on grooming and saddling, and rode the horses. "Now that the Manoa Falls project is over, SMSP was looking for new volunteer opportunities that the program could offer," said Karley Peterson, SMSP coordinator. "This is a nonprofit organization that is run purely on volunteer staff. Manawalea is a therapeutic riding center that caters to children with special needs and disabilities. Our tasks will include horse spotting, mucking stalls and feeding, grooming and bathing horses." Peterson said SMSP will officially send volunteers to the ranch Tuesday mornings for Marines and sailors who work in the evenings, Saturday mornings and special events. Marines and sailors who are interested in volunteering but missed the mandatory volunteer training session can sign up for the next session, scheduled for the end of May. For more information or to register, call Peterson at 254-7593.



Kristen Wong | Hawaii Marine

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SPECIAL, from A-1

out for other pieces too, looking after the whole picture. The training has been good but very tough, because of the high altitude and constant moving. But we are just doing our job."

Pittelkow said the training MWTC offers is unique.

"There's just something about living and working outside, hiking long distances with a ruck sack and being acclimatized to whatever environment you're in," Pittelkow said. "You still have to shoot, move and communicate no matter where you are. These mountains are as challenging as it gets. It's physically, mentally stressing and tough so it's a good gut check no matter where they end up deploying."

Retired United States Navy SEAL, Capt. David Pittelkow, conducts a debrief with Mountain Warfare Training Center Marines after conducting a low-profile raid on a high-value target in a joint operation with special forces and Marines from 2nd Battalion, 3rd Marine Regiment at MWTC in Bridgeport, Calif., April 17.



Lance Cpl. Suzanna Lapi | Hawaii Marine

VOLUNTEER, from A-1

running smoothly and support their families.

"We're a combined-arms force and I would argue that we're the best fighting force in the world because of volunteers," Annichiarico said.

One by one, representatives from each unit and organization on base went up in front of the audience to accept a certificate, recognizing them for their volunteer work. Additionally, each year a committee chooses a Volunteer Unit of the Year and Volunteer of the Year for exceptional work.

Combat Logistics Battalion 3 was chosen as the 2013 Volunteer Unit of the Year, and granted a certificate of commendation from the commanding officer, a plaque, and \$250 for its discretionary unit fund.

According to the certificate, the members of CLB-3 volunteered more than 6,200 hours. The unit volunteered in various events throughout the year, such as the Pro Bowl, and in various organizations such as Make-A-Wish Hawaii, Special Olympics Hawaii and the American Red Cross.

Lt. Col. Justin Reiman, commanding officer, CLB-3, expressed how proud he was of the volunteers in his unit.

"It is a reflection of the character of the Marines and sailors from Combat Logistics Battalion 3," Reiman said via email. "Our Marines and sailors not only selflessly serve our nation, but they also dedicate some of their precious personal time in service to the local community."

Chaplain Steve Jensen, a volunteer chaplain with Wounded Warrior Battalion West — Detachment Hawaii, was chosen as the 2013 Volunteer of the Year.

"Your support for the Marines, sailors, and family members of Wounded Warrior Battalion West — Detachment Hawaii is commendable and reflects the strong spirit of volunteerism that makes our nation and our Corps great," reads his award certificate.

Jensen has been volunteering with the detachment for more than two years. He was recognized for various initiatives, which included coordinating three posttraumatic stress disorder retreats to the Island of Hawaii and with the help of outside organizations, organized more than a dozen special meals and gatherings for the wounded warriors.

"With all of the stellar volunteer work done around the base by so many, I was quite surprised to receive (the award) and very appreciative of Wounded Warrior Battalion West — Detachment Hawaii for nominating me," Jensen said.

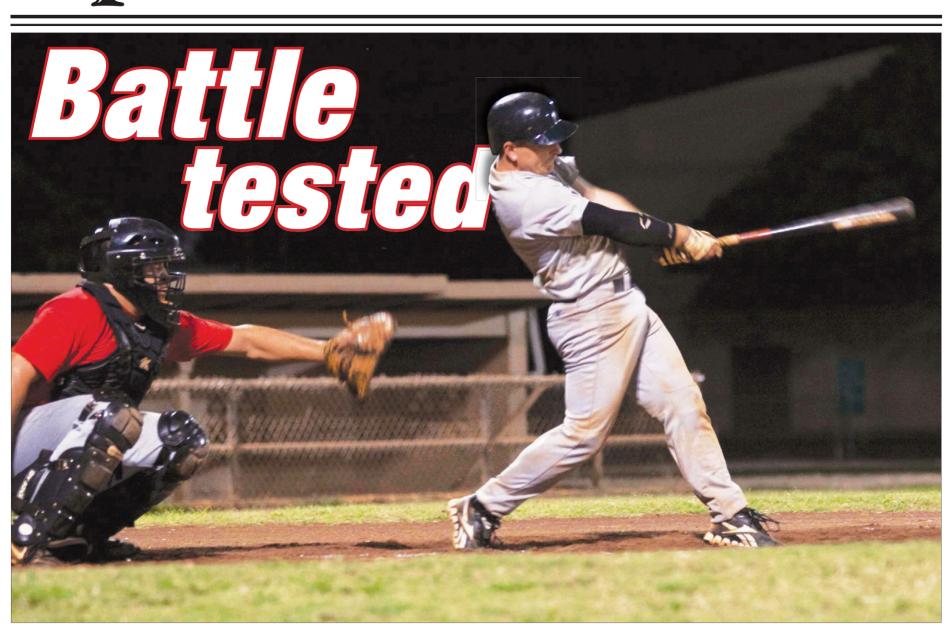
Jensen has also recently joined the Hawaii state team for the Substance Abuse and Mental Health Services Association, and he plans to assist them in compiling a database of local services that provide assistance to veterans, recovering service members and their families.

"Our wounded, ill and injured and their families face significant challenges in their transitions back to duty or into medical retirement," Jensen said. "These Marines and corpsmen should never feel that they have to fight these battles alone. To be a part of the team that supports them in successfully overcoming those challenges and finding enjoyment, hope and fulfillment in their 'new normal,' is most rewarding. They honor me by trusting me to be a member of that team."

There were also two runners-up to the Volunteer of the Year: Lance Cpl. Cody Jones, a volunteer from CLB-3, and Petty Officer 3rd Class Ryan MacFarland, a volunteer from Marine Aviation Logistics Squadron 24.

Each year brings new volunteer opportunities to MCB Hawaii, whether it be mentoring children at a local school, pulling weeds in the base's backyard, coaching sports or setting up displays, chairs or tents. This year, more than 1,600 people kept the volunteer spirit alive once again.

Sports & Health



Andy Whatley, third baseman for 1st Battalion, 12th Marine Regiment, swings at a pitch thrown during an intramural baseball game at Riseley Field on Marine Corps Base Hawaii, Monday. First Bn., 12th Marines won the game against MALS-24, 6-3.

'Kings of Battle' defeat MALS-24, 6-3 in baseball



Mike Barnes, a centerfielder for 1st Bn., 12th Marines, sprints to first base during an intramural baseball league game at Riseley Field, Monday.

Story and photos by Lance Cpl. Janelle Y. Chapman

Marine Corps Base Hawaii

Red and gray jerseys filled Riseley Field, Monday, as 1st Battalion, 12th Marine Regiment claimed victory in an intramural baseball game, 6-3, from the Marine Aviations Logistics Squadron 24.

Mike Barnes, 1st Bn., 12th Marines center fielder, said he loves the game. He was very confident they would win the game since they previously beat MALS-24. His confidence shined when he scored one of the team's six runs.

Both teams were self-assured in their skills, but there were a few bad throws and slip-ups. However, all players demonstrated good teamwork and sportsmanship. A few balls went astray and over the fence, but it didn't stop either team from stealing bases.

Neither team allowed players easy access to home plate, and the pitchers held their ground. When MALS-24 crept up to third base, 1st Bn., 12th Marines tried not to allow them to steal home.

A few MALS-24 players broke the barrier and made their way to the home plate, but 1st Bn., 12th Marines kept their cool. Both teams were determined to come out on top and were resilient when recovering from strikes, outs and

The players showed sportsmanship on the field and said they were happy to be playing a game they love. Players from both teams agreed the main reason they play is to have a good time, and winning is just a plus.

"I play for the love of the game," said Andrew Little, coach and center outfield for MALS-24, who has been playing baseball for more than 20 years. "I love the camaraderie of the sport, and the thrill

of playing."
Daniel Anderson, the shortstop for 1st Bn., 12th
Marines, said he grew up around baseball and loves

it. He said it's enjoyable to both play and watch.

Toward the middle of the game, more players stole first, sliding to second, sprinting to third and

hoping to fly home.

Only a few actually made it all the way. As the bases were taken over by 1st Bn., 12th Marines, MALS-24 tried to keep them off home plate but

couldn't handle the challenge.

Dustin Zimmerman, second baseman for 1st Bn.,
12th Marines, said they use the intramural league
as extra practice for another league they play for in
the local community. Zimmerman said it's not all
about winning. He said it's also about getting better

and having fun.

As the game grew closer to the finish, MALS-24 knew they had to get a few more runs if they wanted to blast their opponents out of the game. But 1st Bn., 12th Marines didn't leave much room for them to get past third base. The final outcome was a 6-3 victory 1st Bn., 12th Marines.

"I'm happy we won, but it's not just about that," Zimmerman said. "We had a good time, and I think we played very well."

Hang out for 'Workout of the Day' at HITT Center

Christina Cabala

Christine Cabalo Marine Corps Base Hawaii

Dig deep and reach for higher fitness with the "Workout of the Day" class at the High Intensity Tactical Training Center in building 1033.

The center's "Workout of the Day" classes are offered weekdays and free to active duty service members. The hour-long session includes warm-up exercises, a cool down routine and functional fitness exercises.

"The workouts are constantly varied and incorporate all the different exercises from the HITT program," said Jason Cutitta, a personal trainer with Semper Fit Center. "We draw from a bigger pool of exercises and use more varied equipment including: barbells, kettlebells and medicine balls."

The class begins with group drills on the center's second floor, testing each participant's coordination. Then participants do strength workouts, including powerlifting, at the center's main area. Cutitta also inxcludes time to practice skills needed for the physical fitness test or the combat fitness test.

"The wide range of exercises in the 'Workout of the Day' enables a high level of fitness," Cutitta said.

Each session is different, and Cutitta offers variations for each technique he

demonstrates. Many HITT Center users, including Deanna Nieves, appreciate how Cutitta shows attendees exercises they can do on their own. After starting his class several months ago, she said she feels energized during the day and can do more pullups.

"This is a workout you can do at your own pace, at every level of fitness," said Nieves, who is Marine Corps Base Hawaii's adjutant. "He can modify workouts, and there's no pressure to keep up with anyone else."

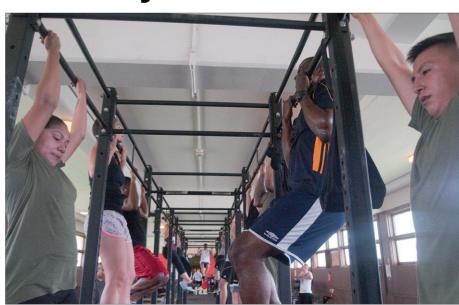
After skill and strength workouts, Cutitta leads gym users in interval circuit training. The class switches between exercising at a station and running or sprinting for a cardiovascular workout.

For Dondy Dinh, a Marine with Marine Heavy Helicopter Squadron 463, the class offers a unique workout each time he participates.

"This provides you with some variety," he said. "You have good cardio and strength workouts that can help you improve in any physical activity."

Dinh said the variety is good for a total body workout, with new exercises regularly featured and little time spent stationary as they go through routines.

"The workout is a pretty effective one," he said. "You're sweating and your heart rate is going fast all through the hour."



Christine Cabalo | Hawaii Marin

Gym users hold on as they practice flexed-arm hangs during a "Workout of the Day" class at the High Intensity Tactical Training Center in building 1033. The class, available weekdays, includes a dynamic warm-up session and cool down exercises.

Both Dinh and Nieves said Cutitta's knowledge about functional fitness is a great resource. Nieves said she's learned much more about the proper way to use kettlebells. She said the low-cost workout at the HITT Center teaches her much better technique than other CrossFit gyms she's tried on Oahu.

The growing number of attendees seems to agree, as more than 40 participants powered through a lunchtime session Monday.

For more information, see at http://mccshawaii.com/semperfit/. "Workout of the Day" is offered Monday, Wednesday and Friday at 11:30 a.m. and Tuesday and Thursday at 5:30 p.m.

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HAWAII MARINE



Versus is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to HawaiiMarineEditor@gmail.com.

If there's a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your "opinion," regardless of how wrong it is, featured below. Suit up ladies ... it's game time.

Is it wise to let Tebow go?

Cpl. James A. Sauter VS. Lance Cpl. Nathan Knapke

SAUTER:Who could forget, just two years ago, Tebowmania was sweeping the nation with Tim Tebow's fourth-round draft pick by the Denver Broncos? Everyone was in high hopes the upcoming star quarterback would clean up the Superbowl after winning the Heisman Trophy during his time at the University of Florida. Unfortunately, after playing two not-so-perfect seasons, one with Denver and the other with the New York Jets, the Jets decided to let Tebow go after quickly losing faith in their prized thoroughbred. The Jets jumped the gun after putting all their faith on a gamble to make a ton of money. They expected free rings and trips to Disney World but when Tebow fell short, the franchise crufor the rest of the NFL. The Jets made a huge mistake not putting real faith into a potential rookie. Maybe the Jets should do more Tebowing.

KNAPKE:The main goal of every NFL team is to win the Superbowl. Every team knows winning the Superbowl is nearly impossible if they don't have a talent-Tebow is talented, he doesn't Tebow.

have what it takes to win one. Tebow was a great quarterback in college but this is the NFL. The Jets came to their senses and released Tebow after drafting West Virginia's Geno Smith. The Jets did themselves a favor since Tebow proved he doesn't have what it takes to win a professional championship.

SAUTER: The Jets shot themselves in the foot and picked a nobody straight from the college frat to rescue a multibillion dollar business. Has it donned on anyone Smith is only 22? He's younger than Tebow. The Jets traded one player who actually had experience and a championship under his belt for someone with no track record. At least the Jets had somecified and black listed him thing to work with when Tebow was on their payroll. **SAUTER:**Of Instead, the trainers have to build Smith from the ground up and no one knows what he's capable of. Maybe he'll turn out to be good, I don't know. The Jets are starting a trend of yearly trading out new quarterbacks for fresher talent, which will lead to insanity if they continue overreaching. They need to stick ed quarterback. Although with what works and that's



SAUTER

KNAPKE:The Jets never used Tebow. Mark Sanchez started as the first-string quarterback. The only purpose Tebow served on the Jets was a backup lucky to ever see playing time. The Jets don't even know how to use Tebow. Rex Ryan has a problem with Tebow and he made sure Tebow won't see another NFL season. During several games, Sanchez played every down while Tebow was never given a chance because Ryan wanted Sanchez to continue developing as the Jet's true star quarterback. The Jets made a good decision to let Tebow go because he became a weak link. The Jets were slow in cutting off the fifth wheel and its good they're giving themselves a new start with Smith.

everything Tebow may be accused or and starting quarterback guilty of, being a weak link or an unworthy player is not one of them. Tebow will be picked up by another team and he'll enjoy success there, all because of Ryan's narrow mindedness and inability to see the raw talent right in front of him. Tebow isn't perfect but we cannot forget why we loved him to begin another team for an epic fawith. He was young, creative ceoff against the Jets.



KNAPKE

and original in an industry where egos rivaled the falsereality lifestyles of Hollywood stars. Not every rookie can be instantly successful and legendary like Lawrence Taylor, who fundamentally changed how linebackers played in the NFL since his first season with the New York Giants. But that doesn't mean Tebow won't grow into a legend himself, or at least a good quarterback who works hard and gets the job done, if the Jets would have kept him.

KNAPKE:Releasing Tebow from the Jets benefitted both Tebow and the Jets. The Jets will no longer be critiqued about how Tebow should start over Sanchez. Tebow is better than Ryan thinks and I agree Ryan is brainless for sending him off. But when a head coach don't see eye-to-eye, it never ends well. Tebow will get his third chance at playing football in the NFL. Hopefully he follows "the third time is a charm" approach because he is a great athlete and an overall good person. Expect him to be more successful elsewhere and starting on

GATHERING BASKETS OF TEDDY BEARS, TOYS FOR 16TH ANNUAL TEDDY BEAR ROUND-UP



Christine Cabalo | Hawaii Marin

Carl Jones, a social worker with Marine Corps Base Hawaii's Family Advocacy Program, sorts through several stuffed animals donated for the 16th Annual Teddy Bear Round-Up. The base was able to collect 346 toys this year to support the drive, run by Prevent Child Abuse Hawaii. The donations were later dropped off at Windward Mall with other collected toys to set the Guinness World Record for largest gathering of plush toys.

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COMMUNITY BRIEFS

Apply to become a base childcare provider

Want to become a family childcare provider? The Family Childcare Office at building 5082 is currently accepting applications for the new provider orientation scheduled for Monday through Thursday. For more information, call the Family Childcare Office at 257-5525.

Enjoy Military Appreciation Day at the Honolulu Zoo

Sunday, May 19, is Military Appreciation Day at the Honolulu Zoo from 9 a.m. to 2 p.m. The event is free for military personnel and their dependents. Free parking will be available at the Kapiolani Community College parking lot with a free shuttle to transport military personnel and dependents to and from the gates of the Honolulu Zoo. The event will feature free pizza, drinks, watermelon, entertainment and much more.

Register for workshops is Empowered Spouses event

The Empowered Spouses event is a day of free workshops hosted by Marine Corps Family Team Building, scheduled for Friday from 8:30 a.m. to 1:30 p.m. at the Mololani Community Center. There will be workshops with experts from the community, giveaways and personal business card making

station. Refreshments will be served. Childcare is available. Call 257-2653 for information. There is limited space available, so the event is open to the first 120 spouses.

Visit US national parks for free

Active duty military members and their dependents can pick up a free annual pass at any national park that charges an entry fee. The annual military pass also provides free entry to 2,000 additional recreation sites across the country. Visit http://www.nps.gov for information about the military pass and to plan your visit to one of America's 398 national parks.

Stroll through Waimea Valley

Join the Hawaiian Trail and Mountain Club for a 4-mile intermediate hike through Waimea Valley Park, Saturday at 8:30 a.m. Ascend Elehala Valley and see the stunning views near Keanaloa Ridge. Park fee required, and expect mosquitoes on the route. For more information, call 384-2221 or 735-2220.

Find a good fit at Baby-Toddler Clothing Swap

The next Baby-Toddler Clothing Swap is scheduled for May 31 at the Chaplain Joseph W. Estabrook Chapel. Bring gently used or new/clean children's clothes, newborn to size five that don't fit anymore and trade them for sizes you need. Call the New Parent Support Program at 257-8803.

Join breastfeeding support group

The breastfeeding support group meets every first and third Monday of each month from 2 to 3 p.m., in building 216, Room 63. The group is facilitated by a certified lactation educator. Expectant mothers are welcome. Upcoming classes are Monday and May 20.

Families welcome to Itsy-Bitsy Workshop

The Itsy-Bitsy Workshop is for parents and toddlers. Learn creative ways to play with your toddler and have fun together. Call 257-8803, for more information.

Parent Participation Pre-school Summer Fun

Join in the summer sessions from June 3 through July 26 with the Armed Services YMCA at Kaneohe Bay. This summer's theme will be "Outer Space!" The pre-school teacher will provide research-based, developmentally appropriate learning opportunities and positive parent/child interaction. Classes will be Tuesdays and Thursdays from 9 to 11 a.m. There

is a monthly fee. For more information, call 254-4719.

Waikiki Community Center seeks volunteers

If you enjoy interacting with a lot of people, the Waikiki Community Center is seeking volunteers to help answer phones and do light clerical work. Volunteers must be over 21 years old. At least three hours per week of your time will be greatly appreciated. Our business office hours of operation are Monday, Tuesday, Wednesday, or Friday from 9 a.m. to 4 p.m.

For more information, call 923-1802 or email jokimura@ waikikicommunitycenter.org.

Watch sparks fly at 21st annual World Fireknife Championship

The Polynesian Cultural Center is hosting some of the world's most talented fireknife dancers in a battle to determine who's best in contests held Thursday and May 11. For details, call 293-3333.

Work out with Baby and Me Yoga

Exercise with your infant in this class held Tuesdays and Thursdays from 8:30 to 9:30 a.m. at the Armed Services YMCA at Kaneohe Bay. Bring a yoga mat, blanket and toys for baby. For more information, call 254-4719.

MARINE MAKEPONO

Means 'Marine Bargains' in Hawaiian

Kaneohe studio apartment for rent. Large deck with ocean view of Chinaman's Hat and Marine Corps Base Hawaii. Includes custom bathroom with hot tub/shower, covered parking, refrigerator and sink with disposal. No smoking or barbecuing. \$1,300. For more information, call 239-5459.

If you would like to sell, buy or trade something in the Marine Makepono section of the Hawaii Marine, fill out a form at the Marine Corps Base Hawaii Public Affairs Office in building 216, room 19. Please have your military ID and a short write-up of what you'd like to run. You can fill out the form on the spot or return it to the office later. Emails, faxes and telephone calls are not accepted for Makepono classified ads. Marine Makepono may only be used by active duty, reserve, retirees or their immediate families.

SPUKIS BKIEFS

Calling four-player teams for tournament

The second Commander's Cup Golf Classic of the year will be June 28 at the Kaneohe Klipper Golf Course. The event is open to amateur golfers and will award several prizes. For details, call 254-2107.

Join the First Tee of Hawaii

The First Tee of Hawaii is offering its junior golf program free of charge to children of active duty, reservist and National Guard service members. The program is open to children ages 7 to 18 at the Bay View Golf Range Driving range on Kaneohe Bay Drive, Sundays at 11 a.m. The program teaches valuable life skills, and participants learn how to play golf. To

register, show up to practice, Sundays at 11 a.m. For details, go to http://www.thefirstteehawaii.org or call 478-3466.

Softball tournament launches at Camp Smith

There will be an intramural softball tournament at Bordelon Field aboard Camp H.M. Smith, May 14 and 16, from 11 a.m. to 1 p.m. For details, call 477-0498.

'101 Days of Summer' begins

Start your summer with a healthy run during the Nuupia Ponds Fun Run/Walk May 22 at 7 a.m. Units earn points for participating in the run and other sporting events held during the '101 Days of Summer.' For more information, call 254-7597.

Hawaii Marine WWW.MO Lifestyles

Hawaiian and Inthe Park



Tammy Silva, Kumu Hula of the Keala O Ka Iliahi halau, leads a group of children in "Ke Ao Nani" during "Hawaiian Culture In the Park" at Riseley Field, Tuesday, the last festivity of the "In the Park" series. The mele, or song, helps teach children simple Hawaiian words and stick motions.



Alana Whiteman, 4, shows off her red feathered uliuli and little grass skirt during "Hawaiian Culture In the Park" at Riseley Field, Tuesday. The "In the Park" series paid tribute to several April observances with weekly events.



Amy Laboy, manager of Marine Corps Base Hawaii's Exceptional Family Member Program, demonstrates how to twist a ti leaf lei using her toes.

Story and photos by Rochelle Smolinski

Marine Corps Base Hawaii

The woody report of a rapid Tahitian drumbeat broke the still Tuesday afternoon at Riseley Park and drew nearby listeners to investigate the commotion.

Curious fathers, mothers and their children came upon the last soiree for the "In the Park" series recognizing several April observances: Month of the Military Child, Child Abuse Prevention Month, and Autism Awareness Month. The five-week series convened for free activities themed as music, art, and fitness, every Tuesday in the month of April. The final event finished the series with a Hawaiian cultural showcase, featuring multiple Polynesian dance performances, painting, Maori face painting, paper plate crafts, hair styling, and lei making.

Estella Euclide, a program specialist with the base's Marine and Family Programs office, knew from the start she wanted to finish the "In the Park" series with a Hawaiian finale, so she coordinated with Tamatoa, a Kaneohe-based Tahitian halau, to bring a taste of Polynesian culture to the base.

Tino Moe, director of Tamatoa, jumped on board when he was approached about coming to Marine Corps Base Hawaii to teach the Marines all about Polynesian culture.

"My sister called and told me about the base wanting to learn about Polynesian culture," Moe said. "The Marine base is close to home, and I wanted to come out and generate interest. I thought let's just go and hopefully get something going over there. Maybe something weekly for the kids on the base."

Moe was eager to share his passion and experience with the military community and glad to see the families engage in the event.

"I appreciate their time just to be here and see what we're doing," Moe said. "And to keep them in shape. The dances are low impact, cardio, and just fun for all ages."

And all ages did get involved. When not busy crafting paper turtles and having their faces painted, kids were welcomed onto the stage to beat on Tahitian drums or learn dance moves.

Dania Hill, a Spanish teacher at Kalaheo High School and four-year dancer at Tamatoa, volunteered to perform and demonstrate dance steps to brave participants at the event.

"The military has all walks of life," Hill said. "We love the island, we love the dance, and it's amazing to be able to share a bit of the islands with the military ohana."

Military ohanas grew in number as the festivities got underway, touring the craft stations, dressing up in dance costumes and props, and learning about traditional Hawaiian instruments and language through hula. While some families entered the event spontaneously, others received information through MCCS promotion and made the effort to attend.

Shelley Whiteman, a spouse of an infantry Marine in 1st Battalion, 3rd Marine Regiment and one of the attendees at the festivities, found out about the event from a flier at the preschool.

"I thought it would be great for the kids to experience Hawaiian culture since we live here," Whiteman said, as her daughter Alana walked around wielding feathered uliuli and a grass skirt.

A soft Hawaiian hula bookended the cultural immersion for an afternoon of family fun in the park. Euclide said if she could describe the event in one word it would be "worthy — worthy of the military children who attended."

"I hope the attention this first-time series of events has garnered may be the justification I will need to bring this back next year," Euclide said. "I would invite anyone who participated in any of the Tuesdays 'In the Park' to contact me regarding their desire to host this again next year."

To learn more about Marine and Family Programs or offer feedback, call 257-0372.



(From left to right) Dania Hill, Vaitiare Lejeune, and Lehiwia Stephenson, dancers for the Tamatoa halau, lead the performance for children willing to learn on the stage during "Hawaiian Culture In the Park," Tuesday.

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HAWAII MARINE

PASS REVIEW

Your weekly guide to the best aspects of entertainment

Telcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week's critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn't, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you're not familiar, here's a quick breakdown of the ratings ...

1/4 — No Impact, No Idea

Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.

2/4 — **High And To The Right** Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there's nothing better to do.

3/4 — On Target

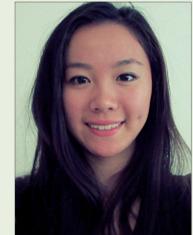
Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.

4/4 — Confirmed Kill

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.

So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.





Qi

Grace Qiu is probably the only advocate for the end of the world. Addicted to apocalypses and dystopias, she immerses herself in fictional literature while singing along to indie rock. With a love for also superheroes and flying cars, she believes the best movies trap you in the story even after you dazedly exit the theater, and the best books leave your perspective on life slightly shaken.

'The Host' boasts most as it takes over theaters with alien heroine

Grace Qiu

Contributing Writer

People have always held a fascination for alien takeovers of Earth, leading to such successes like "The Matrix" and "Invasion of the Body Snatchers." Organisms with grotesque bodies and alien (pun intended) ways always end up taking over the world, while small groups of human survivors struggle against all odds to regain control over their beloved planet. This storyline seems overdone and bland by now, and that criticism is exactly what I thought when coming upon reviews of "The Host," a PG-13 movie adaptation of Stephanie Meyer's book of the same title by Andrew Niccol.

Combined with the fact I am less than enthusiastic about the "Twilight" movie franchise, I scoffed at the positive reviews people had to give, assuming they were simply fans of the "Twilight" series. However, I was in for a surprise one Friday night, because I emerged from the

theater quite pleased. In fact, I would say I actually really enjoyed the movie.

The movie takes place in the unknown future, where aliens called "Souls" have already taken over the entirety of Earth. However, they aren't the kinds of aliens who lay waste onto Earth to eradicate everything living and replace them with their own alien versions. They are beautiful parasitic creatures, the size of the palm of your hand, that fuse with human bodies through the base of the skull. They subsequently

take over that human's mind, kicking out the human consciousness and replacing it with their own benevolent alien minds.

Melanie Stryder is one of the few remaining survivors who have stayed human, but she too succumbs to the Souls' efforts and is taken over by a Soul called a "Wanderer." The Souls want to use Melanie's memories to track down the

last human stragglers, but strong-willed Melanie has actually managed to survive the infusion, a feat barely any human can do. She constantly fights with her Wanderer over control of her body and thoughts. She desperately wants to protect her little brother Jamie and her boyfriend Jared, who are still hiding in the wilderness. Soon, the Wanderer transitions from treating Melanie as an irrational human to one

who feels sympathy for humanity's plight, and ends up helping Melanie out of the goodness of its soul.

I thought this movie was moving too fast in the beginning, and I questioned

what else the rest of the two hours was going to focus on if the heroine had already been taken over. Then, I realized this story wasn't focused on the human, but the alien.

While this movie is definitely based on the work of Stephanie Meyer (be warned of cheesy lines and sappy relationship plots,) the cinematography and underlying meaning of the movie are so great, it compensates for the occasional eye-roll.

Harsh deserts and jutting, rocky

peaks contrast the fuzzy feelings of companionship and hope, further driving home the concept of compassion in the midst of impossibly hopeless situations, compassion that can even transcend heavenly galaxies.





Prices: All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call **254-7642** for recorded information.



"The Croods" PG Today | 7:15 p.m.

"Olympus has Fallen" R Today | 9:45 p.m.

"G.I. Joe: Retaliation" PG-13 Saturday | 7:15 p.m.

"Jurassic Park" PG-13 Saturday | 9:45 p.m.

"The Host" PG-13 Sunday | 2 p.m.

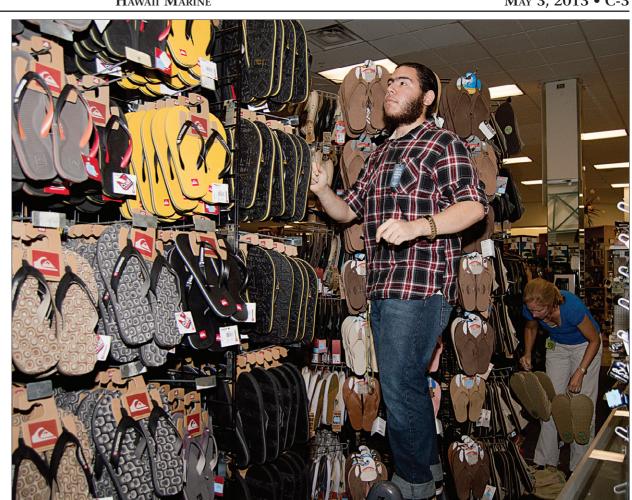
"Tyler Perry's, Temptation" PG-13 Sunday | 6:30 p.m.

"G.I. Joe: Retaliation" PG-13 Wednesday 6:30 | p.m.

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PROMOTING DENIMSTRATION FOR SEXUAL ASSAULT AWARENESS MONTH

Jesus Viera, sales associate, Marine Corps Exchange, wears a special tag and denim jeans to work in honor of Denim Day 2013, April 24. During Sexual Assault Awareness Month in April, participants wore denim on Denim Day to support awareness of misconceptions about sexual assault. The observance started in the 1990s, after a young Italian woman was raped by her driving instructor, and blamed for the assault by the Italian High Court because her jeans were tight. In protest, women working at the Italian Legislature wore jeans to work. The U.S. started holding Denim Day since 1999. A short history of Denim Day and key phone numbers were available on the back of the tags worn by numerous people on base that day.



Kristen Wong | Hawaii Marine